



# Newsletter Newsletter

## Epping Forest

September 2009, Issue 3

# Children & Young People's Strategic Partnership



### Managing Emotions

Epping Forest Rural TASC team facilitated a week long Managing Emotions and Outward Bound group facilitated by qualified counsellor Angie Pearson.

The group focused on aspects such as understanding anger and its effects, triggers, assertive behaviour and communication, and strategies to manage difficult situations. The young people and some staff members participated in various outward bound activities such as archery, caving, bush craft and raft building. The week was a great success with the young people stating that they had not only enjoyed the week but learnt a lot about their emotions, how to cope with them better and other important lessons. They also learnt and developed new skills such as relaxation techniques, better ways to communicate and how to calm down after stressful situations. And further, how to find their way out of an underground cave system!



### Children's Trust Review

Essex County Council is reviewing the way in which it delivers its' services to children. This review will consider whether changes are necessary to ensure effective locality based approaches to meeting the needs of children and young people and to deliver improved outcomes for children and young people.

It will also consider how our services can be delivered effectively with our key partner agencies, including schools and other educational providers, health services, district and borough councils, the community and voluntary sectors, as well as the police and fire services so that children and young people are able to access seamless services that meet their needs.

The second phase of the consultation process for the review of Children's Trust arrangements and models of service delivery in Essex has now been completed. The findings from this phase have now been compiled and a report has been published, it is available through the [Children's Trust Approach](#) website. The final report will be presented to the Children's Trust Board on the 2<sup>nd</sup> October. We would still welcome your comments and views until September 17<sup>th</sup> and you can email these and any request for further information to [childrenstrustreview@essex.gov.uk](mailto:childrenstrustreview@essex.gov.uk)

Working together for all our children and young people



The **West Essex Integrated Working Group (IWIG)** has come to the end of its first year; bringing together managers across the partnerships of the 3 CYPSPs to respond to the implementational challenges of the One Workforce Strategy and the Integrated Working principles.

During the course of the year, we have looked at models currently used by services such as the Police (toolkit), the Youth Offending Team and the Children with Disabilities team and have taken many helpful pointers from this as we look to strengthen integrated working protocols. We have heard from guest speakers on specific topics such as Information Sharing, Contactpoint and the Central Essex One Workforce Action plan, which managers have found extremely helpful as we work to demystify perceptions of the ongoing agenda.

This last term, we have delivered a number of workshops for practitioners to begin to raise their consciousness of themes such as the Common Induction, core skills, the role of the Lead Professional and assessment. Over 180 practitioners have participated. The second phase is due to begin in the autumn, as a team of 3 trainers roll out a programme of training on these topics across the area. IWIG members have additionally agreed that there is a need to provide operational support to Lead Professionals, which again will be provided in the autumn; details to be published in September. Should anyone wish to know more about the training programme and the common induction, please contact Joanne Melling at County Hall via her e-mail address which is [Joanne.Melling@essex.gov.uk](mailto:Joanne.Melling@essex.gov.uk).

**Dates for your Diary**

IWIG 15<sup>th</sup> September, 14:00, Latton Bush, Harlow.

CYPSP Board, September 15<sup>th</sup>, 10:00, EFDC

LSP Board. 24th September, 14:00, EFDC

CYPSP COG, 29<sup>th</sup> September, 09:00, Loughton Youth Centre

Emotional wellbeing CYPSP sub group, September 30<sup>th</sup>, 14:00, Loughton Youth Centre

Early Years subgroup, October 6<sup>th</sup>, 10:00, TBA

Rural LDG Multi Agency meeting, 12<sup>th</sup> October, 13:00, St. Johns

Positive Activities CYPSP sub group, November 3rd, 10:30, TBA

If you would like more information about CYPSP groups or would like to become involved please contact Perryn Jasper, Development Manager on 07827 976949 or email [Perryn.Jasper@essex.gov.uk](mailto:Perryn.Jasper@essex.gov.uk)

**Epping Forest Children's Centre update**

As the existing seven Epping Forest children's centres (managed by East Potential Housing Association) continue to grow and deliver a range of services to children under the age of 5 and their families, we are very excited about the development of the final children's centre for the district which will be based in Buckhurst Hill Library. The new centre will be managed by national charity, Action for Children, and will be delivering services to families from September. Below is a list of the Children's Centres, their contact number and the areas in which they deliver services. Please note that any family is welcome to attend any Children's Centre.

Abbeywood Children's Centre, Waltham Abbey, (WA Paternoster, WA Honey Lane, WA High Beach, WA South West) Tel: 0208 522 3207

Hazelwood Children's Centre, Waltham Abbey, (WA North East, WA South West, Broadley Common, Epping Upland, Nazeing and Roydon) Tel: 0208 522 3216 / 3217

Little Oaks Children's Centre (Loughton Broadway, Loughton Fairmead, Loughton St Mary's, Loughton St John's) Tel: 020 8522 2632 / 2633

Sunrise Children's Centre (Loughton Alderton, Loughton Roding, Buckhurst Hill East) Tel: 020 8522 3447 / 3448

Limes Farm Children's Centre (Chigwell Row, Chigwell Village, Lambourne, Grange Hill) Tel: 0208 522 2334

Little Star Children's Centre (Shelley, High Ongar, Willingale and the Rodings, Moreton and Fyfield, Chipping Ongar, Greenstead and Morden Ash, Passingford, Lower Sheering) Tel: 0208 522 2431

Brambles Children's Centre (Epping Lindsey and Thornwood Common, Epping Hemnall, North Weald Bassett, Theydon Bois) Tel: 0208 522 3220

Buckhurst Hill Children's Centre (Buckhurst Hill West, Loughton Forest, Loughton St Mary's) Tel: (Malcolm to confirm most appropriate number)



Is an online directory of community, voluntary and statutory groups in Epping, Essex, and beyond, covering a range of services and activities.

There are three zones that make up the Essex Children's Service Directory, including positive activities for young people - young life, family life or professional life. Find out about activities, clubs and support groups for children, young people and families.

If you are a member of a club or society or represent an organisation and would like to be listed in the directory, add your organisation by filling in the online form on the home page 'New entry'. <http://www.essexlife.org/kbroker/essex/essexcsd/start.jsp>



**Volunteers Sought**

The TASCC team at Loughton Youth Centre are looking for volunteers to support the youth work team with their open youth centre evening work with local young people aged 13-19yrs. The sessions are currently on a Tuesday and Thursday evening 6.30pm- 9.30pm, but we additionally run the Duke of Edinburgh programme on a Monday evening which delivers a detailed and specific programme including outdoor survival, rambling and map reading, community involvement and a large range of other activities. Otherwise we provide a varied programme of skills and topic based informal education through activities, discussions and projects to engage, inform and enable young people in the area.

We would particularly like to hear from adults with either experience of working with this age range, or with specific skills such as art/ craftwork, design technology and such areas who can work with challenging young people to include and inspire. Selection will be subject to referencing and enhanced CRB clearance (police checking).

Please contact Jill Holland, TASCC Manager or Laura Bettridge, youth worker on 0208 5028850 for more information and an application pack.

**Essex Safeguarding Children Board (ESCB)**



The Essex Safeguarding Children Board is a statutory body with responsibility for agreeing how organisations in Essex will cooperate to safeguarding and promote the welfare of children and ensure that this is effective.

The ESCB offers Training for Trainers courses to support agencies in delivering their own training or to train people to contribute to the delivery of multi-agency training.

<http://www.escb.org.uk/> for more information