

EPPING FOREST LOCAL STRATEGIC PARTNERSHIP

Healthier Communities Theme Group Meeting

Date: 16th September 2010

Time: 13:30 – 15:30

MINUTES

Present

Pam Hall (PH)	Deputy Director of Public Health, NHS West Essex, TG Chair
John Houston (JH)	EF LSP Manager
Caroline Skinner (CS)	Senior Health Improvement Specialist, NHS West Essex
James Warwick (JW)	Sports Development Officer, EFDC
Yvette Wetton (YW)	West Essex Area Coordinator ECC, TG Vice-Chair
Patrick Arnold (PA)	Assistant Chief Officer, VAEF
Kate Carr (KC)	Community Bridge Building Coordinator for West Essex Mind
Christopher Ochulor (CO)	Public Health Information Analyst, NHS West Essex

Absent

Jim Nolan (JN)	Assist. Director Environment & Street Scene (Environmental Health)
Cllr Brian Rolfe	Community Wellbeing Portfolio, EFDC

Minutes

David Wright (DW)	LSP Admin Support
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1. Welcome and purpose of meeting

1.1. PH welcomed everyone to the meeting. There were no apologies.

2. Minutes of last meeting (4/6) / Matters Arising

2.1. The minutes of the previous meeting were accepted as a correct record.

2.2. Actions from previous meetings plus new actions from this meeting

Note closed actions will remain in table for one meeting after they have been closed.

Ref	Action	Owner	Outcome
20/11-02	TOR to be taken to the WE Forum and the nature of the group explained.	YW	22/01 To be discussed at next meeting. 19/3 C/F 4/6 C/F 16/9 Closed
20/11-06	Check the availability of Department of Health research funding.	CS	22/01 Ownership changed to CS. 19/3 C/F – see also para 4.7 re marginalised groups. 4/6 CW – The IDeA local strategic team have been approached for funding. Response awaited. C/F 16/9 Closed

Ref	Action	Owner	Outcome
22/01-01	Report back on passing of childhood obesity to WE CTB	JW	19/3 JW reported CP had discussed it and wanted HC to share responsibility. PH said that she was inclined not to take it on, because childhood obesity is not a significant inequalities issue for Epping Forest. JH to discuss with chair of SC and report back. Ownership changed from JW to JH 4/6 JH reported that it is still not clear whether EFCP will take this on as they have a full programme, however, WECTB has said that childhood obesity is an important issue. C/F 16/9 Meeting again agreed that it belonged with CP. JW reported that bodycare programme will be targeted at the young. JW agreed to discuss ownership with JC. Ownership changed from JH to JW.
19/03-05	To produce an outline plan to meet the action (Develop a programme of local health and wellbeing community road shows/conferences ...) for objective 3 (see para 4.7 and appendix 1.)	EFDC	4/6 C/F 16/9 Superseded by Action 16/09-04. Also to be made standing agenda item Action 01 DW Closed
19/03-06	To produce outline plans to meet the two actions (Develop top 5 to 10 list of health inequalities issues ... & Identify the areas and groups with greatest need...) for objective 4 (see para 4.7 and appendix 1.)	PH/CS	4/6 ownership changed from PA to PH/CS. C/F 16/9 Superseded by Action 16/09-04. Also to be made standing agenda item. Closed
04/06-01	To rearrange future meetings	DW	16/9 Meetings arranged. Closed
04/06-02	To review action plan for objective 1.	ALL	16/9 Superseded by Action 16/09-04. Also to be made standing agenda item. Closed
04/06-03	To review action plan for objective 2.	ALL	16/9 Superseded by Action 16/09-04. Also to be made standing agenda item. Closed
04/06-04	To send CS details of PCT related issues, including material for Ninefields.	JW	16/9 Done. Closed
04/06-05	To discuss with PCT provider arm reasons for issues raised by JW (see 04/06-04)	CS	16/9 JN reported that working together had improved. Future issues will need to be raised directly with the PCT provider arm but should still be brought to the attention of this group. Closed
04/06-06	Circulate latest TOR to HCTG	DW	16/9 Circulated 23/6. Closed

Ref	Action	Owner	Outcome
04/06-07	To provide a circulation list for the Ninefields report.	JH	16/9 As an item on Ninefields will appear in the news letter then this should reach all the people that need to know. Closed
04/06-08	To ask IDEa to talk to the group about the Asset approach (after the Ninefields report has been circulated and commented on)	CS	16/9 See item 8 in the minutes. Closed
04/06-09	To write articles (as specified in paragraph 4.2) and send to CS at least 3 weeks before next meeting.	CS PH GJ JH YW JN PA Julie Chandler	16/9 Partially done. Draft version circulated for review. Superseded by new action. Action 02 All, JN, PA, JW Closed
04/06-10	To arrange a meeting with GW, JN and GJ to consider what needs to be done to roll out a programme of events for the Healthy living festivals programme and environmental health events.	JW	16/9 Done. Closed
04/06-11	To discuss ways in which Sports Development and One Epping Forest could support Wii fitness sessions for older people in Waltham Abbey	GJ JW	16/9 Underway. Closed
04/06-12	To report to next HC TG meeting on analysis of Ninefields' feedback	GJ	16/9 Report circulated. See section 8 of minutes. Closed
<i>Actions below are those raised at this meeting – added here to aid review at next meeting</i>			
16/09-01	To make the development of a programme of local health and wellbeing community road shows/conferences a standing agenda item	DW	
16/09-02	To review initial draft of news bulletin, submit missing articles and provide photos and logos for inclusion by 30/9. Note that JW will provide Healthworks article and not Julie Chandler.	All for review. JN, PA and JW for articles.	
16/09-03	To meet to discuss opportunities for WEMind e.g. Healthy Living Festivals.	JW, KC	
16/09-04	To produce a HC TG delivery plan based on group objectives, the Community Strategy, statistical evidence and recommendations in Essex Public Services Audit 2009/10 on Health Inequalities.	CS, PH and JH	
16/09-05	Add 'NHS Health Checks, a presentation by Helen Dear' to the agenda for December's meeting	DW	

3. Building Bridges for Wellbeing

- 3.1. KC began her presentation by explaining that West Essex Mind Wellbeing project, having been established in Harlow and Uttlesford, is expanding in the Epping Forest District. KC tabled packs of information relating to Wellbeing.
- 3.2. KC gave an explanation of the structure of the Bridge Building project in West Essex, the referral process and the role of the counsellors. She explained how the Building Bridges programme is to help people feel more included in their communities. More information on the Building Bridges project is available at <http://www.westessexmind.org.uk/services/wellbeing/>.
- 3.3. KC said that to help develop the programme in Epping Forest, she was looking to link into health schemes such as those promoted by this group. They also wanted to increase the physical activities available but needed them to be subsidised. JW said that because the sports facilities in the district were privately operated, negotiating reduced rates was difficult although he would still try and arrange a meeting with the manager. PH said that the Ninefields' festival had many physical activities and that maybe MIND could link into the future festivals. It was agreed that JW and KC should meet outside the meeting to discuss these opportunities. PA suggested an article for the Fair's Fair magazine produced by VAEF.

Action 03 JW KC

4. Update on health inequalities in Epping

- 4.1. CO presented his findings on health inequalities in Epping Forest covering population profiles, health and determinants of health. Some key points of the presentation were:
 - The age profile of Epping Forest district is similar to the national average.
 - The ethnic profile in 2007 was more diverse than in 2002.
 - There are significant differences in levels of deprivation (based on 2007 Indices of Multiple Deprivation) between the most deprived and least deprived parts of the district.
 - The gap between the MSOA (Middle Super Output Area) with highest life expectancy and the lowest has widened since 2003-05. There are MOSAs in the district where life expectancy has worsened e.g. MSOA 009 (Waltham Abbey High Beach and WA North East wards) life expectancy in 2001-03 was 80.5 years and in 2006-08 was 77.2 years. PH added that this does not seem to be solely down to deprivation and that we need to engage with the people in these areas to try and determine the contributing factors.
 - In 2009, 65% of Epping Forest pupils gained 5+ A*-C grade GCSEs (or equivalent) – this is below the Essex average of 68.2% and the England average of 70%. The mixed origin ethnic group has the lowest numbers compared with the national average.
 - In 2008, the percentage of adults in the district who smoked was one of the lowest in Essex at around 15% and below the average for the east of England of 25%.
- 4.2. PH said that more work needed to be done on profiles of areas in the district and JH added that we needed to understand where we are different and also that the MSOA areas should have ward names next to them.
- 4.3. JH spoke briefly on the *Draft Health Inequalities, Essex Public Services Report* which had been distributed prior to the meeting. He referred specifically to Appendix 1 which gave a RAG rating for the district on the progress on a number of recommendations. The ratings are green - strong progress, amber – reasonable progress and red – limited progress. The ratings for the district were a mixture of amber and green with no reds.
- 4.4. JH said that the work programme for the group should incorporate recommendations in this report together with the group's objectives, the Community Strategy and statistical analysis of health inequalities. It was agreed that a working group of CS, PH and JH produce a delivery plan.

Action 04 CS PH JH

5. Central Government Policy.

- 5.1. PH summarised the impacts on the PCT of the White Paper, '*Equity and Excellence: Liberating the NHS*', which sets out the Government's strategy for the NHS to provide local democracy in health provision. All PCTs will be abolished by April 2013 to be replaced by GP consortia responsible for commissioning. NHS Trusts will become Foundation Trusts. Strategic Health Authorities will also go and there will be a new NHS Commissioning Board providing a link between the government and local Trusts and commissioning consortia. Healthwatch is to be set up to be the patients' champion. PH said that the PCT is already working with local GPs to prepare for the future.
- 5.2. PH also talked about the Public Health White Paper, which will be published later this year. There will be a new Public Health service with Directors of Public Health jointly appointed to the Public Health Service and top tier Local Authorities.
- 5.3. With regard to the future of Local Strategic Partnerships, YW reported that has been nothing from the Government on this. There were embryonic ideas being considered e.g. for the creation of a WE LSP but nothing concrete. More progress has been made with regard to the creation of a Local Economic Partnership (LEP) which the Government are encouraging as replacements for Regional Development Agencies. A proposal has been produced for a Kent and Greater Essex LEP.

6. NHS Health Checks

- 6.1. CS told the meeting of the Government's intention to encourage 40 to 74 year olds to go the GP for a vascular health check. CS said that although they could use standard letters and leaflets, the campaign would be more effective if the message came from agencies other than the NHS. To that end, Helen Dear, a Senior Health Improvement Specialist with WE NHS, would like to address the December meeting with a view to exploring ways in which we could engage with the residents of Epping Forest District. This was agreed. **Action 05 DW**

7. Healthworks project update

- 7.1. JW reported on current position of funding and status of the Healthworks project. Harlow Health Centre Trust (HHCT) is providing £80k and will match fund £26k which has been raised from various sources. The post of project coordinator has been advertised – closing date 23/9, interviews 8/10. The Improvement and Development Agency (IDeA) is to provide additional consultancy and guidance but they want the project to take an asset based approach (as in 'A Glass Half Full' see minutes of previous meeting). This will require changes to the original plan for delivery of the programme.

8. Ninefields project feedback

- 8.1. The report on the Ninefields' project was distributed prior to the meeting. The report highlighted the positive feedback and the sustainability of a number of the activities.
- 8.2. JW updated the meeting on what is happening with roll out of the Healthy Living Festivals. The key partners, PCT, EFDC and the Tottenham Hotspur Foundation, are due to meet on October 12th to develop the plan. Target areas include Debden, Loughton Broadway, Ongar and Shelley. Delivery is expected to take 6 weeks with a mid to late January start.

9. Report on partner projects

- 9.1. JW reported that the MEND (Mind, Exercise, Nutrition Do it!) project was coming to an end and that they were looking for an obesity related project to take over from it.
- 9.2. CS reported that the Start4life campaign to encourage healthy eating from birth is being implemented in West Essex.

10. Further work programme

10.1. See action 16/09-04.

11. Open Forum/AOB

11.1. The Annual Public Health report is going to the PCT in the week starting 20th September. It will be available at <http://www.westsexpct.nhs.uk/aboutus/home.php> .

11.2. Caroline Skinner is to retire from full-time NHS work at the end of November. PH thanked her for all the work she had done for the group.

12. Dates of Future Meetings

Date	Time	Venue
Friday 3 rd December	10am - 12pm	Comm. Room 1, Civic Offices, Epping