

EPPING FOREST LOCAL STRATEGIC PARTNERSHIP

Healthier Communities Theme Group Meeting

Date: 4th June 2010

Time: 10:00 – 12:00

MINUTES

Present

Pam Hall (PH)	Deputy Director of Public Health, NHS West Essex, TG Chair
John Houston (JH)	EF LSP Manager
Gemma Jones (GJ)	Community Development worker
Jim Nolan (JN)	Assist. Director Environment & Street Scene (Environmental Health)
Caroline Skinner (CS)	Senior Health Improvement Specialist, NHS West Essex
James Warwick (JW)	Sports Development Officer, EFDC

Apologies

Yvette Wetton (YW)	West Essex Area Coordinator ECC, TG Vice-Chair
Patrick Arnold (PA)	Assistant Chief Officer, VAEF

Minutes

David Wright (DW)	LSP Admin Support
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1. Welcome and purpose of meeting

1.1. PH welcomed everyone to the meeting. Apologies were relayed to the meeting. YW informed meeting that she is also unable to attend the next meeting. **Action 01 DW**

2. Minutes of last meeting (19/3)/Matters Arising

2.1. The minutes of the previous meeting were accepted as a correct record.

2.2. Actions from previous meetings plus new actions from this meeting

Note closed actions will remain in table for one meeting after they have been closed.

Ref	Action	Owner	Outcome
20/11-02	TOR to be taken to the WE Forum and the nature of the group explained.	YW	22/01 To be discussed at next meeting. 19/3 C/F 4/6 C/F
20/11-06	Check the availability of Department of Health research funding.	CS	22/01 Ownership changed to CS. 19/3 C/F – see also para 4.7 re marginalised groups. 4/6 CW – The IDeA local strategic team have been approached for funding. Response awaited. C/F

Ref	Action	Owner	Outcome
22/01-01	Report back on passing of childhood obesity to WE CTB	JH	19/3 JW reported CP?? had discussed it and wanted HC to share responsibility. PH said that she was inclined not to take it on, because childhood obesity is not a significant inequalities issue for Epping Forest. JH to discuss with chair of SC and report back. Ownership changed from JW to JH 4/6 JH reported that it is still not clear whether EFCP will take this on as they have a full programme, however, WECTB has said that childhood obesity is an important issue. C/F
19/03-01	To put the person dealing with the North Weald Health Centre in contact with DM.	PH	4/6 Done. Closed
19/03-02	To investigate whether the PCT has data on marginalised groups, in particular, Gypsies and Travellers	PH	4/6 PH tabled paper, 'Gypsies & Travellers in Epping Forest' which concluded that they are a marginalised group. Closed
19/03-03	To produce an outline plan to meet the action (Coordinate support and promote partnership activity...) for objective 1 (see para 4.7 and appendix 1.	JW	4/6 JW has produced a plan, <i>Healthier Communities - Objective 1 AP</i> , which will be circulated with minutes. Action 02 All Closed
19/03-04	To produce an outline plan to meet the action (Identify key groups and profile access problems ...) for objective 2 (see para 4.7 and appendix 1)	PH	4/6 PH tabled action plan for objective 2. Action 03 All Closed
19/03-05	To produce an outline plan to meet the action (Develop a programme of local health and wellbeing community road shows/conferences ...) for objective 3 (see para 4.7 and appendix 1.)	EFDC	4/6 C/F
19/03-06	To produce outline plans to meet the two actions (Develop top 5 to 10 list of health inequalities issues ... & Identify the areas and groups with greatest need...) for objective 4 (see para 4.7 and appendix 1.)	PH/CS	4/6 ownership changed from PA to PH/CS. C/F
19/03-07	To provide health material for Ninefields Festival of Healthy Living	CS	4/6 CS raised request with PCT provider arm but material failed to arrive. Actions 04 JW, 05 CS Closed
19/03-08	To circulate notes on Audit Commission's Health Inequalities Review.	PH	4/6 PH tabled at the meeting. Closed
19/03-09	To update members list in TOR	DW	Done. Action 06 DW Closed

Ref	Action	Owner	Outcome
<i>Actions below are those raised at this meeting – added here to aid review at next meeting</i>			
04/06-01	To rearrange future meetings	DW	
04/06-02	To review action plan for objective 1.	ALL	
04/06-03	To review action plan for objective 2.	ALL	
04/06-04	To send CS details of PCT related issues, including material for Ninefields.	JW	
04/06-05	To discuss with PCT provider arm reasons for issues raised by JW (see 04/06-04)	CS	
04/06-06	Circulate latest TOR to HCTG	DW	
04/06-07	To provide a circulation list for the Ninefields report.	JH	
04/06-08	To ask IDeA to talk to the group about the Asset approach (after the Ninefields report has been circulated and commented on)	CS	
04/06-09	To write articles (as specified in paragraph 4.2) and send to CS at least 3 weeks before next meeting.	CS PH GJ JH YW JN PA Julie Chandler	
04/06-10	To arrange a meeting with GW, JN and GJ to consider what needs to be done to roll out a programme of events for the Healthy living festivals programme and environmental health events.	JW	
04/06-11	To discuss ways in which Sports Development and One Epping Forest could support Wii fitness sessions for older people in Waltham Abbey	GJ JW	
04/06-12	To report to next HC TG meeting on analysis of Ninefields' feedback	GJ	

3. Developing a new approach to tackling health inequalities

- 3.1. JH briefed the meeting on an 'Asset Approach' explained in the I&DEA 'A Glass Half Full' paper circulated prior to the meeting. In an Asset Approach, intervention is concentrated on accentuating the positive assets (social, cultural etc) of the target group to build sustainability within the community. That is, the focus is on people and strengths not units and weaknesses, to provide the community with the tools (e.g. advocacy) to support itself.
- 3.2. JW said that EFDC Community and Sports development were already moving towards this approach e.g. using Tottenham Hotspurs FC up-skilling football coaches and giving community associations the skills to run events. He said that it was not easy to do but it was the most sustainable approach. Healthworks (see section 5 .1 below) also aims to adopt this approach.

- 3.3. CS said that it would be a new direction for the PCT and awareness training would probably be needed. JH responded that in our strategic role we needed to 'bend' partner organisations towards the strategic path.
- 3.4. PH noted that Ninefields was a good example of the asset approach and it ties in with the Marmot report.
- 3.5. CS suggested that I&DeA be contacted with a view coming to talk with partners and about the IDeA being involved in our roll-out programme. It was agreed that this be done after Ninefields report has been circulated and commented on. **Actions 07 JH 08 CS**

4. Further Work Programme

4.1. PH outlined the three main roles of the Group: to inform, to influence and to intervene. Being such a small group with lots going on, the second role, to influence, will be the most important. It will be up to this group to shape what is being done in other organisations by guiding and highlighting what is going on. PH referred to the Marmot review (*'Fair Society, Healthy Lives: A Strategic Review of Health Inequalities in England Post-2010'*, which champions a social determinants approach to reducing health inequalities) as an example of the type of thing that the Group should be promoting in a clear way to partner organisations.

4.2. JH said that successful partnerships need a champion. PH agreed that the NHS should champion health inequality within the Partnership but not be the public face. Obesity, for example is more of a social and environmental issue than an NHS issue. CS agreed that it added weight if health messages came from agencies other than the NHS. JH suggested that to achieve the inform and influence roles, the Group produce a health bulletin which would present in a focused, simple, non-jargon way, items that supported the objective of reducing health inequality. Members suggested the following ideas for the bulletin

- To influence joined-up thinking e.g. promotion of 'this year's theme' so that all agencies are working together on tackling the same issue. The themes should be broad e.g. elderly people returning home from hospital would present an opportunity to join up hospital intelligence with the Safe and Sound project.
- It could be part of a local HI data observatory.
- Include hotlinks to recent publications
- Community leaders could contribute
- It was agreed that the bulletin would be two sides of A4.
- PCT would generate the health data to go in.
- LSP to format
- CS/PH to edit
- It was agreed that a draft first bulletin should be ready for the next meeting. The authors and articles to go in the bulletin are:
 - GJ – Ninefields success
 - JH – A Glass Half Full
 - PH – Marmot
 - YW – Healthier Communities Theme Group
 - Julie Chandler – Healthworks
 - JN – Healthy eating awards
 - PA – Mardi Gras
 - PH – Health Inequalities briefing. This could be referred out to.
 - PH – The top ten issues
 - PA – Men's Health Seminar
 - CS – Editorial. Introductory briefing that includes request for future contributions.

Action 09 CS PH GJ JH YW JN PA Julie Chandler

4.3. JH asked whether the Ninefields project should be the Group's model for interventions? It fits with the Asset Approach, it used people on the ground, listened to and acted on what the local people wanted. Helping people support themselves will fill the gap caused by government

retrenchment. Managing gaps and overlaps, bolting agencies together, maximising use of people on the ground should achieve cost savings. JN added the back office set up needed to be able to fit in with this model. Members agreed that Ninefields did provide a suitable intervention model and JW agreed to arrange a meeting with Gill Wallis, JN and GJ to consider what needs to be done to roll out a programme of events to further the objectives of the Group. **Action 10 JW**

- 4.4. JH suggested that a set of relevant indicators be identified against which performance could be monitored. There was a discussion on the short-comings of the National Indicators and PH proposed that the group be more inventive and produce its own monitoring that would be local and timely, adding that the indicators needed to cover process and structure as the outcome PIs tended to be long term.

5. **WAYPIC project update**

- 5.1. PH explained to the meeting that WAYPIC was being superseded by Healthworks, a long-term project aimed at supporting and developing young people in Waltham Abbey. It will take a holistic view (including health issues) that will aim to get young people to support each other. The project will not be based at any one site. It will employ a Project coordinator and 2 health/youth workers. Harlow Health Centre Trust (HHCT) is providing £80k over 2 years and further funding is being sought. HHCT may increase their contribution if we obtain any additional funding. The project aims to start as soon as possible.

6. **Men's Health Seminar**

- 6.1. PA was unable to attend this meeting so there was no feedback on this item, however, an article on this is proposed (see action 04/06-07) for the health bulletin.

7. **Report on the Ninefields Project**

- 7.1. GJ updated the meeting on the Ninefields Festival of Healthy Living which had finished on 28th May with a showing of the film Ratatouille in Waltham Abbey town hall. Despite the good weather, the film was well attended with 93 people turning up of the 120 registered. GJ gave details of some the events emphasising the sustainability.
- 7.2. The buggy walks were in existence before the festival but numbers had dwindled to just a couple of people. The work of the team in promoting the event increased the numbers fourfold and the walks will continue after the festival.
- 7.3. The old people engaged in the Wii fitness sessions were sceptical at first but were won over and were keen to continue the sessions in the future. JW suggested that EFDC Sports Development could possibly offer sessions and JH thought it was the sort of project that One Epping Forest could support. **Action 11 GJ JW**
- 7.4. The family learning, 'Fun with Food' sessions had low bookings to begin with but a quick investigation identified that the problem was the limit of 1 child per family. An extra play worker was brought in to enable this restriction to be lifted and bookings picked up. They were so successful, with lots of positive feedback, that they are to be continued for another 6 weeks with a Mediterranean cookery session already fully booked.
- 7.5. Sports events and Nutrition and Healthy eating workshops were well attended.
- 7.6. The event has already received lots of praise e.g. from the EF Learning Partnership, however, the analysis is still to be done of comments taken at the end of each course and the face to face interviews at the end of the film event. GW thought that the lessons learnt so far were:
 - PCT provider arm (West Essex Community Health Services) needed to be on board
 - The face to face work that supplemented the leaflets was essential

- A small team organising made it easier to get of the ground.
- A launch event would have been useful
- Incentives help boost attendance

7.7. It took about 2 months work of work to organise the event although consultation started 2 years ago looking at things for young people and things for families. They had worked closely with Hillhouse school and Hazelwood Children’s Centre. This was the pilot event and GJ thought that future events in a roll-out programme should not take as long. The main costs were publicity and venue hire - lecturers and others gave their time free.

7.8. JN said that the Environmental Health department were looking at a similar style of event but with a different focus e.g. hygiene, food safety, recycling etc. He would like to get involved in the roll-out programme.

7.9. PH thanked GJ for the report and congratulated her on a successful project. She asked if she would attend the next meeting to report back on the findings from the analysis of the feedback which should be complete by the end of June. **Action 12 GJ**

8. Report on partner projects

8.1. JH reported on the latest situation with the Future Jobs Fund. The second tranche of around 95 young people would start taking up posts in July. This is an increase on the first tranche largely due to posts with NHS West Essex. Central Government have, however, said that, after this second tranche have completed their term, the scheme will be axed to be replaced by a Single Programme. WEP have contacted the Department of Works and Pensions with a view to taking part in any future schemes.

8.2. CS reported that the breastfeeding project in Waltham Abbey is ongoing, the extension into Harlow had been successful and they are working on increasing numbers.

9. Open Forum/AOB

9.1. There was no other business.

10. Dates of Future Meetings

Please note that the dates for the meetings in the table below are **provisional** - see Action 04/06-01

Date	Time	Venue
Friday 17 th September	10am - 12pm	Comm. Room 2, Civic Offices, Epping
Friday 3 rd December	10am - 12pm	Comm. Room 1, Civic Offices, Epping